

GOD'S REMEDY TO WORRY

Psalm 23

The Problem with Worry

- It's Unhelpful
- It's Unreasonable
- It's Unhealthy

The Remedy:

Believe God _____

"The Lord is my shepherd; I have everything I need." Psalms 23:1

What Does A Shepherd Do?

- He _____
- He _____
- He _____
- He _____

"God takes care of his people like a shepherd" Isaiah 40:11 (NCV)

"My God will meet all your needs according to his glorious riches in Christ Jesus." Philippians 4:19

How Can I Let God Be My Shepherd?

Accept _____

"The Lord is my shepherd" Psalms 23:1

Jesus said, *"I am the good shepherd... my sheep know me... they listen to my voice, and they follow me."* John 10:14, 27

Who is in control of your life?

"Playing God" is the root of worry

Begin _____

"Don't worry about anything; instead, pray about everything; tell God your needs... If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand." Philippians 4:6-7 (LB)

"Cast all your anxiety on him because he cares for you." I Peter 5:7

Consider _____

"So don't be anxious about tomorrow, God will take care of your tomorrow too. Live one day at a time." Matthew 6:34 (LB)

"Give us today our daily bread." Matthew 6:11

"Your heavenly Father already knows perfectly well what you need, and he will give them to you if you give him first place in your life and live as he wants you to." Matthew 6:32-33 (LB)