

GOD'S PRESCRIPTION TO YOUR HURT

"You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows." Psalm 23:5

I. WHAT NOT TO DO WHEN YOU HURT 6A

1. DON'T _____

"I kept very quiet... but I became ever more upset. I became very angry inside, and as I thought about it, my anger burned."
Psalms 39:2-3 (NCV)

2. DON'T _____

"I wish I had wings like a dove. Then I'd fly away and rest. I would hurry to my place of escape..." Psalms 55:6+8 (NCV)

3. DON'T _____

"When I kept things to myself, I felt weak deep inside me. I moaned all day long." Psalms 32:3 (NCV)

4. DON'T _____

"To worry yourself to death with resentment would be a foolish, senseless thing to do." Job 5:2 (GN)

5. DON'T _____

"You are only hurting yourself with your anger." Job. 18:4 (GN)

II. WHAT GOD SAYS TO DO WHEN YOU HURT 6B

1. LET JESUS _____ THE SCORE.

"You prepare a table before me in the presence of my enemies."

"Never pay back evil for evil. ... never avenge yourselves. Leave that to God, for he has said that he will repay those who deserve it."

Romans 12:17+19 (LB)

"Blessed are the merciful, for they will be shown mercy."

Matthew 5:7

2. LET JESUS _____ MY WOUNDS.

"You anoint my head with oil"

"God heals the brokenhearted and bandages their wounds."

Psalms 147:3 (NCV)

3. LET JESUS _____ MY NEEDS.

"My cup overflows"

MY CUP WILL OVERFLOW...

WITH _____

"God will help you overflow with hope in him through the Holy Spirit's power within you." Romans 15:13 (LB)

WITH _____

"...May the Lord make your love to grow and overflow..."

I Thessalonians 3:12 (LB)

WITH _____

"Ask, using my name, and you will receive, and your cup of joy will overflow." John 16:24 (LB)