

Winning the Battle of the Mind Part 7

- *"Consider him who endured such contradiction of sinners against himself lest you grow weary and faint in your mind."*
Hebrews 12:3

The first place you lose the victory is in your _____. That is the most common and easiest way to give into the enemy – to grow weary and faint in your mind. Many of you today are believing the promises of God. Today you're holding on to something that God's told you. Today, you're believing for loved ones to come into the family of God. We've all got big hopes and dreams in Him and that makes God worthy of all our praise. AMEN! But what happens is the enemy begins to come and bombard our minds with these negative thoughts. And if we are not careful, it will be easy to grow weary and faint.

- *"As a man thinketh in his heart so he will become."*
Proverbs 23:7

And this is the way that the enemy deceives us into getting into _____.

Three things to do when negative thoughts come your way

1. **You've got to recognize where those _____ come from.**

If you get a distinctively negative thought into your mind that brings fear, starts to bring worry, brings anxiety, or even causes you to want to be critical about something or someone or sour towards something or someone, you've got to realize that thought is not your own; that thought is coming from the enemy.

2. **You have to reject that thought _____.**

Don't think about it for five or ten minutes or say I will deal with it later when I have more time and you start to try to figure out in your own human reasoning: You start thinking... What if this is the truth? What if this doesn't happen or that doesn't happen.

3. **Replace that thought instantly with the _____.**

You've got to replace it instantly. It's not enough to recognize where the thought comes from. And it's really not enough just to reject that thought... Because when you reject that thought, what happens to your mind is your mind's wide open.

"This book of the law (or this Bible) shall not depart out of your mouth, but you shall meditate on it day and night; then you will make your way prosperous, then you will have good success." Joshua 1:8

"Blessed is the man that doesn't walk in the counsel of the ungodly, nor stand in the way of sinners, but his delight is in God's word and in God's word does he meditate day and night." Psalms 1