

Message Notes
Falling Back
Wrong Thinking Part 3

“Even If I Change, It Won’t Last. I Always Fall Back.

Often we start to have hope in our lives; we start to see things change in our lives but we can’t keep receive this because really were expecting to fall back into the same attitudes, the same habits or same old emotions. But, listen: It doesn’t have to stay that way. Are you ready for change? Last week I used the word obliterate... today I want to use the word, demolish.. I want us to demolish the thought that says, Even if I change, it won’t last. I always fall back.

Let's CHANGE IT TODAY:

When you replace wrong mindsets with right ones, you KEEP the victory, we need to be reminded that it is a gift from God to you and that Jesus has already paid the price.. Proverbs 23:7 says as you think, you become. Christ like thinking is a gift to you from Jesus.

1. Use your _____ on the promises of God.

Imagine the promises of God are coming to pass in your life before they happen and you will move forward. When you allow your imagination to replay past mistakes or failures, you go backwards. Listen to what God’s word, the bible says, *“But my people would not listen to me. They kept doing whatever they wanted, and followed stubborn desires of their evil hearts. They went backwards instead of forward.”* Jeremiah 7:24. Silence other voices, silence the evil thoughts that come and tell you lies and listen to the voice of God. Just keep filling your mind today with ‘what does the scripture say’, ‘what does God say to me here...you move forward?’

2. Listen to your _____. God’s word, the bible says in 1 John 2:1, *“My dear children I am writing this to you so you will not sin. But if anyone does sin, we have an advocate who pleads our case before the Father. He is Jesus Christ, the one who is truly righteous.”* Even if you do fall, even if you mess up and you don’t keep your ears on the voice of God and you chose to follow your hearts way, you have an advocate, a lawyer—Jesus—who goes to the Father and pleads your case. You are safe in His Grace—the ultimate safety net.

3. _____ is at work in you to bring lasting change.

YOU ARE NOT ALONE in this journey. Philippians 2:12 says, *“For it is God who is at work IN you, both to will and to work for His good pleasure.”* Remember, He succeeds at everything He works on. And He’s working on you right, NOW!

4. Embrace the truth that God will keep you from falling back.

CEMENT this truth to your mind. Jude 24 says, *"Now to Him who is able to keep you from falling, and to make you stand in the presence of His glory blameless with great joy."* Two fold protection: He keeps you from falling; AND MAKES you stand. Believe it! Don’t question it! Don’t doubt it!
Embrace the truth that God will keep you from falling back

THINK IT & SAY IT:

I want you to imagine God is right here right now. I want you to talk with Him. Say, Father, I refuse to replay my past mistakes. I’m choosing to go forward. I listen to the voice of God, and it keeps me moving forward. God is at work in me to bring His change in my life. He keeps me from falling and empowers me to stand, in Jesus’ Name.