

## CCC GODS PRESCRIPTION TO INDECISION P4

Today we're continuing in our series we're calling God's Pharmacy. See God has created you and I and He created for a purpose. He didn't just create you and me and then say well now you all figure life out for ourselves. But He created us and gave us an instruction manual and we call it God's word, the Bible and in this instruction manual He has given us every answer we will need to live with peace and joy. See there are seven common causes of stress in life and God word tells us that we don't have to allow them to control our lives to if you will mess up our lives and that what were going to look at today. We have already looked at God's prescription for worry, busyness and last week we talked about damaged emotions and today we're going to look at God's prescription to the stress that is caused by indecision in our lives. See, life is a series of choices, of

decisions. If you think about it success is basically a matter of making wise decisions. If you make dumb decisions you fail in life. In other words we make our decisions and our decisions make us. Every decision has a consequence. And if you have a belly button your prone to make mistakes; if your human is what I meant by belly button then decision making can be very stressful because you don't know what's going to happen. Let me ask you a question? Have you ever been afraid of making the wrong decision? Some of you right now are facing the stress of indecision. Just this week you've been facing a major issue. Should I hold on or should I let go? Should I get in or should I get out? Should I get married? Should I get a new job? Should I Move and the list goes on and on? The stress of indecision begins to get to you. I like what God's word the Bible says to us, "it says, *that a double minded man is unstable in all*

*of his ways.*” James 1. The Greek word for unstable literally means "stagger like a drunk." When you can't make up your mind in life you're going to stagger through life, bouncing off walls like a pinball in a pinball machine. Sometimes even after we make a decision we start second guessing ourselves -- "Did I do the right thing?" We all waver back and forth and that causes stress in our life. Is there a prescription for us from God to handle that kind of stress that comes from decision making? And the answer is, Yes. It's found in the 23<sup>rd</sup> Psalm. "*He guides me in the paths of righteousness for his name's sake.*" That the prescription to the stress of decision making... it is to let God guide you. "*The Lord is my Shepherd, I shall not want.*" The good Shepherd not only feeds us, He leads us. He not only provides for us, He also guides us. The good Shepherd not only protects, He also directs. God say's, "I

will guide you through this life if you trust Me." He says I will guide you on the paths off righteousness.

Righteousness here means the right path, He keeps me on track. God is the one who can keep you on track in life.

God is the One who can guide you in making right path decision for your children and your family. God is the One who can guide if you will let Him. **So how do you know it? How do I let God guide me in the right path?**

The Bible says you do four things:

### **1. I NEED TO ADMIT I NEED A GUIDE**

God's word, the Bible says, "*Everyone of us have strayed away like sheep! We have left God's paths to follow our own.*" And this is why you don't know God's will. The fact is that most of the time we don't want to follow God. We want to go our own way and want God to bless my way. We don't want to admit we need direction; we don't want

to admit we need a guide. Human beings can't see the future. In God's word, in the Book of Proverbs it says *"There is a way that seems right to a man, but in the end it leads to death."* We've all made a plans and decision that at the time seemed right but later on turned out to be wrong. Some paths lead to dead ends, some paths lead nowhere. That's why it's easy to get off track; you can't see into the future. The first step is to admit, "God, I need help." *"He guides the humble in what is right and teaches them his way."* Humble means I admit I need a guide. Psalm 25

## **2. ASK IN FAITH FOR DIRECTIONS**

The Bible says, "Jesus said, *`Ask and it shall be given, seek and ye shall find, knock and the door will be opened.'*"

Ask, seek, knock -- ASK. God wants you to learn to ask.

James 1 tells us how to get wisdom, *"If you want to know what God really wants you to do, ask him, and he will*

*gladly tell you, for he is always ready to give a bountiful supply of wisdom to all who ask him; but ... if you don't ask in faith, don't expect the Lord to give you any solid answer."* God is willing and ready to give you wisdom. He wants to direct you in life. You've got to have two things lined up for this to happen: You've got to ask the right person – which is God and you have to ask with the right attitude -- in faith. Faith is expecting an answer. Have you ever asked God for something and didn't expect to get it? Sure we all have... That's why you didn't get it, you didn't expect to get it... God works in our life according to faith. God says if we trust Him and listen to Him, He will guide us. But we must ask in faith believing. How do I let God guide me in the right path?

## **3. LISTEN FOR GOD'S RESPONSE**

Right now, in this room, it's filled with radio waves and television waves. There are messages going across this room right now. You can't see them but if you had the proper receiver you could tune in and hear it. Why, because those waves were created by someone who also created a receiver to receive those waves. God designed you and after you humble yourself and admit your need for a guide you will hear Him guide you. "*God does speak - sometimes one way and sometimes another -- even though people may not understand it.*" Job 33:14 Why wouldn't we understand it, because we're not tuned in? What channels does God use? He uses His word, the Bible, teachers, impressions, circumstances and pain. The good news is that the path of righteousness is also the road to recovery. There are many here today that have found since they made Jesus, the Shepard of their life, He has taken them off the path of

misery, off the path of destruction and put them on the road to recovery. They now live a full life with joy and peace.

#### **4. TRUST GOD WHEN I DON'T UNDERSTAND**

Some of you are facing some dead ends right now – you think you have hit the wall... financial, emotional, relational -- but it's not really a wall; it's a door. See you can't see it, but God can see a path that you don't know about. The path you're on right now may be one that is dark, despairing, discouraging, and you feel depressed about it and you think there is no way it will work out. It's impossible. Because you see a wall, you see it as a dead end. If you will keep on moving towards Him in faith, if you call out to Him and trust God even when you don't see a way, He can make a way. When you think it's not going to happen, if you'll keep on walking on that path God has put you on, it will become clearer and clearer, brighter and

brighter, and more understandable the longer you go, the longer you grow, the more you mature and the more you learn to be like Christ. Life's a journey. God's word says, *"The path of the righteous is like the first gleam of dawn, shining brighter till the full light of day."* Prov. 4:18 When dawn comes up, is it fully light? No. But as you go on in your life it will become clearer and clearer. One day you will stand in the full light of eternity and see why God chose that path particularly for you. That mystery, crisis, chaos now that you can see no value to, one day in the full light of eternity, you will understand. You'll view the big picture. You'll see God's purpose behind the path He specifically chose for you. The Bible, God's word says *"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight."* What does He mean

"don't lean on your own understanding"? Don't try to figure it out. You're not going to understand most of the things that happen in your life until you get to heaven. Never judge the path God leads me on until I get to the end. Don't criticize an unfinished plan. Have patience and trust. One day you'll realize why it was all happening. You'll see that God knows what He's doing. God does not make mistakes. God does not goof up. God knows what's best for you. You cannot see what He sees. He sees the future. He can see the end result. You can't. All those problems, heartaches, difficulties and delays, thorns in the flesh, physical ailments, all the things you ask "why" about, one day it's going to be clear. In the light of God's love. But in the meantime, lean not on your own understanding. Trust God. The ultimate question comes down to: Who's path are you going to follow in life? Your track or God's plan for your

life. I want to warn you; I want to be honest with you. If you say, "God, I want to get back on the path that You plan for me and I want to live the way You want me to live" the path of righteousness is not necessarily the convenient path. It is not necessarily the easy path. It is not necessarily the most popular path. It won't be. God will want you to go differently from the crowd. It is not necessarily the path in life that is going to make you the most money. It is not the path that is going to be the least risky. So why should you follow God's path? "In the way of righteousness there is life; along that path is immortality." Pr. 12:28 God says, you go My way, you get the good life on earth and eternal life in heaven. You go your way, the way that seems right unto man, but it ends in death. It's your choice.